

## **SOUTHWELL RUNNING CLUB**

### **MINUTES ANNUAL GENERAL MEETING MONDAY 30th APRIL, AT 7.30 P.M., AT THE HEARTY GOODFELLOW PUB, SOUTHWELL**

**Attendees:-** Barbara Garrett, Michelle Hall, Paul Orton, Loraine Fozzard, Steve Hargrave, Ben Parker, David Fowler, Dan Wheat, Helen Jones, Jane Matthews, Brendan Parkinson, Ian Haigh, Richard Durance, Penny Durance, Richard Peacock, Peter Lambarth, Gill Tivey.  
Attendees – makes up 25% of current paid up membership

#### **1. Apologies for absence.**

Richard Mayne, Ian Beadles, Brian Drescher, Simon Willington, Bill Lee, Lisa Fowler.

#### **2. Minutes of last meeting and matters arising**

Available on club website and attendees agreed it was an accurate reflection of the meeting.

#### **3. Chairperson's Report**

As I sat down to reflect on the first year as Chairperson for Southwell Running Club, I initially thought that was not a great deal to report on. However, as I went over the year it became apparent that there have been a number of positive and notable events to reflect on.

Membership to the end of our financial year stand at 84, including 4 second claim members. Although similar numbers to last year, we have seen a rise in new faces on a Tuesday night, which continues to be the club session which is most attended. I would like to thank all session leaders and whipper ins of these sessions, who continue to make them a success and test our abilities.

Thursday nights remain the least attended session, with numbers varying each week. However, there have been several head torch off road runs throughout the winter months, which resulted in greater turn out. Over last summer, we did hold several pub runs, which were very enjoyable, although the weather did dampen us somewhat. I plan to hold these again this summer and will distribute dates and locations shortly.

Our Saturday morning group continues to meet at various locations around Southwell and has been consistent in its regular attendees. It would be nice to see some other members join us occasionally, as you would be most welcome. We generally have two different groups, a lot of banter and some bad jokes, but please don't let that put you off. We did trial a Park Run a month towards the end of last year, but as Southwell itself doesn't host a Park Run, choosing which run to maximise attendance was always going to be difficult. Whilst trialling, we had a good turnout at Sherwood Pines, bumping in to some familiar faces and it was very enjoyable. However, many people feel whichever location is chosen, it doesn't meet their weekend running needs on a regular basis. As such, feedback has resulted in us returning to the standard Saturday run format with the option to do a specified park run if you prefer.

The club continues to be represented globally, with members sharing their adventures in the Newsletter each month. Over the last 12 months, we have had members run in South Africa, Valencia, Palestine, Singapore, New Zealand, Iceland and the Isle of Wight. Members have

also taken part in a variety of events, ranging from 10ks like the Summer Solstice, to the 100 mile Centurion race by member Helen Ramwell, and all the distances in between. It has been very enjoyable to read your race reports in David's newsletter and to attempt his crossword. Sadly David will be leaving the committee this year but I would like to thank him for his support and creativity with the Newsletter.

Similarly, I have also enjoyed reading the Southwell Running Club Column in the Bramley each month. For several years now, our very own Peter Cowley, under the alias 'The Lazy Runner' and more recently 'The Virtual Lazy Runner' has reported on club life on our behalf. Sadly, injuries have prevented Peter to return to running and he is now passing his Bramley duties to Dan Wheat, who will take the reins from May.

Again, both the summer league and cross country league races have been well supported. The XC league finished with a first for the club – a ladies team in all 4 of the North Mids Races, resulting in 8<sup>th</sup> place and Chris Cregg coming 3<sup>rd</sup> in her age group.

The 2018 Summer League series got underway last week, with our very own event from Hexgrave Estate. I am very proud that the event was a great success, especially when car parking plans had to be changed at the last minute due to the downpour on Tuesday night. However, most feedback has been extremely positive and people recognise the hard work that has to go in to create an event such as this. Special thanks must go to Tony and Helen Strawson, Paul Orton, George Pass, and Ben Parker, and the entire car park and marshalling team.

The race saw 16 SRC males run, with only 5 ladies though it was immediately after London and a number of us are nursing various injuries. However, I hope the ladies will participate in the remaining league races and continue to do us proud.

We had another year of club representation at the London Marathon with at least 8 members running. The ballot is open now for the 2019, when again we hope to get a club place. Andrew Thorne received the club place this time and despite the heat, all runners finished, although disappointingly didn't have the race they had trained for. That said, I understand Tracy Polak and Jo Harcombe have muttered the words 'Never again' but then we have all heard or said that before ourselves.

We again the hosted Bramley Challenge from Caythorpe Cricket Club in September, with HP and Notfast out numbering our own members significantly (20). The race last year drew some last minute and somewhat harsh criticism, regarding its format and safety. The committee will be reviewing whether to host this event again this year, whether to alter the time of year or indeed whether the event should go ahead, given that our attendance has gone down.

Our Grand Prix series will be revived this year, with different races, although the 10k will remain and kick the series off, commencing next week. The participation at the GP has gone down over the years, so we have revived it to inject some much needed competition and suspense into the event. I would like to thank Ian Haigh for his years of involvement in the original GP Series and for his passion and relentless enthusiasm.

We had a good time at the Bathley Blast, a duathlon hosted by Paul Grogan in September, which combined with social was most enjoyable, raising 370 pounds for Cancer Research. We also had a lovely evening at Christmas at the Deli in Southwell, combining our awards

evening with seasonal festivities. And of course, the now famous and delicious bacon cobs back at Brendan's after the Three villages 10k around New year, another event which draws a lot of club members.

The committee would also like to thank Jonathon Simpson and UPC for their generous sponsorship as well as Northern Oil for sponsoring the Newsletter. Both sets of money have been ringfenced for our revamp of the website, which will now be our next priority.

Recently, a group of us have received some excellent coaching from an external coach, Tom Marshall, which has been very well received.

The committee will lose some members this year: David Fowler, Dan Wheat, Liz Butcher, Paul Grogan and Michelle Hall. I would like to thank each of them for the hard work they have put in, but special thanks to Michelle for the sterling job she has done as Secretary and for the support she has given me over the last year.

The year has not been without its challenges, both in a personal and professional capacity for myself. I would also like to pay special thank you to Helen Jones for being my support during the year and being the positive person, she is.

Barbara Garrett

#### **4. Treasurers Report**

See report below from Loraine Fozzard. Audit has been conducted by George Pass.

Richard Peacock queried when the money ring-fenced for the website would be utilised. Barbara reported that the redesign of the website has been regularly discussed by the committee and it will be the priority going forward in the next year.

The Club are using a new electronic payment system via England Athletics this year. Current members receive an email with a link to EA and they pay their membership to them. EA then take their fee, process the members EA membership and forward remaining funds to SRC. It was noted that EA charge a fee of 92p per member for this facility though it was felt by the committee this was a time saving system but is likely to result in an increase in fees next year.

A query was raised about the electronic payment of subs through the England Athletics website. MH/LF confirmed that club subscriptions can still be paid by cheque.

#### **5. Election of Officers**

The following members were elected to serve on the committee for 2018/19:-

<u>Position</u>	<u>Candidate</u>	<u>Proposer</u>	<u>Secunder</u>
Chairman	Barbara Garrett	Liz Butcher	Paul Orton
Vice Chair	Paul Orton	Loraine Fozzard	Michelle Hall
Secretary			
Treasurer	Loraine Fozzard	David Fowler	Barbara Garrett
Club Kit	Steve Hargrave	Paul Orton	Ben Parker
Newsletter Editor			

Committee	Ben Parker	Barbara Garrett	Steve Hargrave
Committee			
Committee			
Committee			

There were no further members electing to serve on the committee. Suggestions were that the membership secretary role could be taken on by the treasurer (LF). Loraine has stated that she would like this year to be her final year, after numerous years on the committee. BG requested members to consider whether they could take on the role in advance of the 2019 AGM.

Ben Parker has subsequently kindly offered to take on the Newsletter role.

Richard Durance suggested that some members may be willing to help out with specific tasks/activities/events rather than be on the committee per se.

## 6. Subscription Fees

Fees for 2018/19 are to remain unchanged and are as follows:-

- £30 Senior
- £18 Senior and second claim
- £18 Under 18's or fulltime education
- £10 Associate (non-running) members

## 7. Motions for discussion

### i. Constitution

The revised constitution was discussed and some further amendments were discussed at the meeting:

- *4g There was a discussion around life members and whether or not these would be registered with EA and there was query how this would affect the insurance. Action: an enquiry to be made EA.*
- *5b The role of a Welfare officer- Brendan Parkinson has offered to act as welfare officer for the club but that this role would not form part of the core committee*
- *6b revert to 20% of members*
- *6c remove "approve membership for the coming year"*
- *7d revert 25% to 20%*
- *8f transactions over £100 should be approved by the full committee*
- *8h changed to reflect the calendar year for EA*

A vote to accept the revised constitutions was agreed by all present.

### ii. Privacy Notice

A privacy notice outlining the use and storage of personal details by the club has been drawn up from guidance provided by England Athletics in line with the forthcoming General

Data Protection Regulations. There was a discussion around scenarios where separate consent might be required e.g. forwarding information to members about forthcoming running events but it was agreed that as this did not involve passing personal data to a third party it was not necessary.

MH highlighted the addition of consent to use personal data as set out in the privacy notice to the membership form.

There was also a discussion around how long we hold personal data such as email addresses for. MH highlighted that data on the EA website was automatically removed if subscriptions were not renewed. There was a discussion on the length of time the club should hold personal data such as email addresses.

*It was agreed by vote that this should be held for no longer than 3 months.*

### **iii. Update on website**

Richard Peacock highlighted some issues with the current website due to the servers being bought out by a different company. 80% working now. Next fees for the website due by end of June.

### **8. AOB**

Richard Durance raised a query about the newly amended Grand Prix series and asked to committee to look at adding an age-related table to the series. Ian Haigh who devised the original GP series has researched this in depth, he stated that while it is possible to do this but it he has as not gone down this path as it makes it easier to predict who will win. There was suggestion that this could be tried or tested in parallel. There was no action agreed on this point but the committee agreed to discuss at the next meeting.

Dan Wheat called for a clearer outline for Tue night sessions e.g. hills, sprints, long efforts etc. This would aid with session planning and limit the number of repeated/similar sessions in successive weeks. BG raised a concern that this might discourage some leaders or lead to smaller splinter groups forming. It was suggested we trial this after the current rota has been completed for circa 3 months.

## Financial Report:

See attached Financial statement 31<sup>st</sup> March 2018

1. The following is a breakdown of how the membership fees were used for the year to 31<sup>st</sup> March 2018 – the figures are based on the current membership of 72 1<sup>st</sup> claim and 3 2<sup>nd</sup> claim.

£14.00*	UK Athletics - membership fee
£ 1.39	UK Athletics – annual registration fee
£ 4.20	North Notts AAA Affiliation – Summer and Winter league entries and North Notts XC and East Mids XC
£ 0.83	Website – Standard hosting fee and server
£ 5.64**	Refreshments and prizes – Bramley Challenge and 10 mile GP race (after contributions from Notfast, Newark Striders and HP) – gifts for members
£ 0.86	Trophies
£ 2.30	Miscellaneous expenditure – bibs, marshall vests, coaching taster session
£1.10	Christmas Party 2017 contribution from SRC
<b><u>£30.32</u></b>	<b>Total</b>

\*UK Athletics membership fee is £15.00 for 2018 - 19

\*\*Contribution from Holme Pierrepont (£45) still outstanding

2. Bank balance

The balance as at 13<sup>th</sup> April 2018 is £1087.13. This figure includes £680 sponsorship 'ring fenced' for the new website cost.

3. Stock

The stock of kit held at Best Sports, Southwell has a resale value of £1036 – Hoodies, T-shirts, Vests and ¼ zip tops

Accounts were prepared by Loraine Fozzard, Treasurer, and audited by George Pass.